

## What is COVID 19 / Corona virus?

COVID 19 / Coronavirus is a virus that can make some people sick.



- I might have a cough.
- I might feel hot.
- It might be hard for me to breathe.



Most people get better very quickly.



I will cough and sneeze into my elbow or into a tissue.  
Staff will show me how to do this.



It is important that I wash my hands.



I will wash my hands:

- When I come home.
- When I touch other people.
- When I touch pets.
- If my hands are dirty
- After I use the toilet.
- Before I eat or drink.



If I am worried about COVID 19 / Corona virus, I can talk to family, staff or friends.

